**Comprehensive Guide to East German Sizes**  
  
The East Germans used a variety of sizing systems to measure their uniforms and uniform components. These systems differed considerably from those used in the U.S.A. and Britain, as well as by the West German armed forces. The charts below should prove useful to collectors as they try to make size comparisons.  
**Tunics, Overcoats, Middy's, and most other clothing**   
  
**Chest Size:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| East German | 44 | 48 | 52 | 56 | 60 | 62 | 64 |
| U.S. | 34 | 38 | 42 | 46 | 50 | 52 | 54 |

**Height:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| East German | SK | K | M | G | SG | UG |
| U. S. | Very Short | Short | Average | Above Average | Very Tall | Ultra Tall |

**Rain Pattern BDU's/Battle Dress Uniforms**   
(Note: Leaf pattern BDUs used a different system for sizes.)  
  
**Chest Size:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| East German | 44 | 48 | 52 | 56 | 60 | 62 | 64 |
| U. S. | 34 | 38 | 42 | 46 | 50 | 52 | 54 |

**Height:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| East German | SK | K | M | G | SG | UG |
| U. S. | Very Short | Short | Average | Above Average | Very Tall | Ultra Tall |

**Male Footwear**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| East German | 26 | 26½ | 27 | 27½ | 28 | 28½ | 29 | 29½ | 30 | 30½ | 31 | 31½ | 32 |
| U.S. | 7 | 7½ | 8 | 8½ | 9 | 9½ | 10 | 10½ | 11 | 11½ | 12 | 12½ | 13 |

**Headwear**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| East German | 54 | 55 | 56 | 57 | 58 | 59 | 60 | 61 | 62 |
| U.S. | 6¾ | 6 7/8 | 7 | 7 1/8 | 7¼ | 7 3/8 | 7½ | 7 5/8 | 7¾ |

**Pants**  
  
Waist Size:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| East German | 44 | 48/48-1 | 52/52-2 | 56/56-2 | 60 |
| U. S. | 30-32 | 33-36 | 36-43 | 40-46 | 44+ |

**Shirts**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| East German | 36 | 37 | 38 | 39/40 | 41 | 42 | 43 | 44 | 46 | 48 |
| U.S. | 14 | 14½ | 15 | 15½ | 16 | 16½ | 17 | 17½ | 18 | 19 |